

OVER **75%**
OF COLLEGE
STUDENTS FACE
MENTAL HEALTH
STRUGGLES.



Find your local support systems.
Learn more, open up, and get real about
your mental health struggles and others
around you.

#YOUMATTERECU
THERE IS HOPE. THERE IS HELP.

1 IN
4
COLLEGE STUDENTS
DON'T KNOW WHERE
TO GO FOR HELP.

